



**LH Equestrian Management PRESENTS:  
DIRK STRODA**

**Recharge + Refresh + Renew  
Empowerment Seminars**

**Dirk is the high performance mental coach for many Olympians, World Champions, NHL players, Equine Canada as well as entrepreneurs.**

**This seminar is open to everyone.**

**Saturday, February 20 2016 10am-4pm**

**FOUR POINTS by Sheraton, Victoria, BC (829 McCallum Rd)**

**Admission Fee: \$60 + gst**

**Registration: [lhequestrianmanagement.com](http://lhequestrianmanagement.com)**

**Questions? Contact Laura at [lh@shaw.ca](mailto:lh@shaw.ca)**

**[www.dirkstroda.com](http://www.dirkstroda.com)**